



# ELK GROVE

Schedule 2016-2017



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Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:30-5:00pm	Little Dragons 4-6 yo		Little Dragons 4-6 yo		Little Dragons 4-6 yo	Birthday Parties/Private Lessons
5:25-6:10pm	Black Belt Club Only	Junior Adv Purple-Black 7yo-10yo	Junior White-Orange Adv 7yo-10yo	Junior Adv Purple-Black 7yo-10yo	Junior White-Orange Adv 7yo-10yo	
6:15- 7:00pm	Adult Hapkido & Taekwondo	Junior White-Black 11yo & Up	Adult Hapkido & Taekwondo	Junior White-Black 11yo & Up	Olympic Sparring	
7:05-7:50pm	Family Class All Ages	Testing (Appointment Only) 7:00-8:00pm	Family Class All Ages	TBA Events	TBA Events	
8:00-9:00pm	Introduction Class	Introduction Class	Introduction Class	Introduction Class	Introduction Class	8835 Sheldon Road Suite 130 Elk Grove CA, 95624 916-405-6868

[www.LEESKOREANMARTIALARTS.com](http://www.LEESKOREANMARTIALARTS.com)

**COURTESY, MODESTY, INTEGRITY, RESPECT, PERSEVERANCE & A BLACK BELT ATTITUDE**

- ✓ Please DO NOT DISTURB class in session.
- ✓ Attend class appropriate for belt rank and age.
- ✓ Arrive 10 to 15 minutes early, and have their attendance record.
- ✓ Bring Sparring gear to EVERY class.
- ✓ Show proper respect to instructors and fellow students.
- ✓ Quietly prepare for class by doing stretches.
- ✓ Practice and exercise at home.
- ✓ Develop and maintain a positive, well-disciplined attitude applying the student creed.

