

KOREAN TERMINOLOGY

TAEKWONDO

Tae—Foot, Kwon —Hand, Do--- Way of Life

HAPKIDO

Hap—Harmony, Ki—Inner Strength, Do—way of life

NUMBERS

English	Korean	English	Korean
One	Hana	10's	
Two	Doul	Ten	Yul
Three	Set	Twenty	Seumul
Four	Net	Thirty	Seoreun
Five	Dasat	Forty	Maheun
Six	Yasot	Fifty	Swin
Seven	il Goob	Sixty	Yesun
Eight	Yodol	Seventy	ilheun
Nine	Ahop	Eighty	Yeodeun
Ten	Yul	Ninety	Aheun
		One Hundred	Baek

ANATOMY

English	Korean	English	Korean
Head	Mo-Dee	Face	Eolgul
Mouth	Ee-p	Neck	Mok
Body	Mom Tong	Elbow	Pal Koop
Forearm	Pal Mock	Wrist	Son Mock
Fingertip	Son-Kut	Waist	Huri
Leg	Dari	Knee	Moo-rup
Foot	Baal	Knife Hand	Son-nal
Fist	Joomock	Hand	Son
Instep	Baltung	Heel	Di Kumchi
Ball of Foot	Ahp chuck	Palm Fist	Batang Son

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INSTRUCTOR COMMANDS

English	Korean	English	Korean
Attention	Charyot	Bow to the flag	Kuki-kyong Net
Bow	Kyong-Net	Bow to the Instructor	Sabumnim Kyong-Net
Sit	Ahn Jo	Bow to the Master	Bu-Kwanjangnim Kyong-Net
Turn	Dorra	By My Count	Koo ryung e Matcho so
Return	Borro	Begin	Sijak
Fix Uniform	Do bok Jung Ni	Relax	Show
Ready	Junbi	Meditate	Muk nium
Turn to the rear	Dwi ro Dorra	Without count	Koo ryung up shi

STANCES

English	Korean	English	Korean
Close Stance	Mowa Seogi	Back Stance	Di Kubi Seogi
Ease Stance	Pyeonhi Seogi	Walking Stance	Ahp Seogi
Front Stance	Ahp Gubi Seogi	Tiger Stance	Bum Seogi
Parallel Stance	Naranhi Seogi	Backward Cross Stance	Ahp Gowa Seogi
Horse Stance	Kimajase/Joochoomseogi	Forward Cross Stance	Hak Dari Seogi
Crane Stance	Hak tari Seogi	Crane Back Stance	Ohkum Hak Dari Seogi
Closed Stance	Moa Seogi	Cross Stance	Koaseogi

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DIRECTION

English	Korean	English	Korean
Left	Wen	High	Sang Dan
Right	Oreun	Middle	Jung Dan
		Low	Ha Dan

BLOCKS

English	Korean	English	Korean
Sang Dan Maki	High Block	Middle Block	Jung Dan Maki
Bakat Maki	Outside Block	Inside Middle Block	Ahn Maki
An Maki	Inside Block	Outside Middle Block	Bakat Maki
Ha Dan Maki	Low Block	Side Low Block	Yop Hadan Maki
Double Knife-hand Block	Yang Sonnal Mom Tong Maki	Double Knife-Hand low Block	Yang Sonnal Ha Dan Maki
Double Fist Middle Block	Yang Joomock Mom Tong Maki	Double Fist low Block	Yang Joomock Ha Dan Maki
X-Block Low	Ukalyo Ha-Dan Maki	X-Block High	Ukalyo Sang-Dan Maki
Diamond Block	Kumgang Maki	Half Mountain Block	Wesanteul Maki

KICKS

English	Korean	English	Korean
Front Kick	Ap Chagi	Back Kick	Dwi Chagi
Side Kick	Yup Chagi	Rising Up Heel Kick	Ollyo Chagi
Round House Kick	Ap Dollo Chagi	Ax Kick	Naeryo Chagi
Inside Crescent Kick	An Chagi	Outside Crescent Kick	Bakat Chagi
Spinning Heel Kick	Dwi Dollyo Chagi	Low Spinning Heel	Ha-Dan Dolio Chagi
Back Kick	Di Chagi		

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PUNCHES/STRIKES

English	Korean	English	Korean
High Punch	Sang-Dan Chireugi	Side Punch	Yop Ha-Dan Chireugi
Middle Punch	Chung-Dan Chireugi	Hammer Fist	Mae Joomok Chigi
Low Punch	Ha-Dan Chireugi	Spear Hand Strike	Pon Sonkut Chigi
Elbow Strike	Pal Kumcho Chigi	Swallow Shaped Knife Hand Strike	Jebipoom Mok Chigi
Back Fist Strike	Dung Joomock Chigi	Swallow Shaped Knife Palm Strike	Jebipoom Tuk Chigi

